Mythical clifftop castles, bathing like a Roman, and Neolithic and Medieval marvels – discover Truro, Bath and Salisbury

The overnight Riviera train from London, your romantic bedroom on rails, drops you in the Duchy of Cornwall to explore King Arthur’s stunning cliff top citadel and the origins of the Cornish pasty, before you move on to bathe in hots springs just as the Roman’s did as well as blend your own gin before moving on to wonder at the Neolithic Stonehenge and marvel at the medieval builders who built Britain’s tallest Cathedral spire, 700 years ago.